

The K Zone

OWNER/INSTRUCTOR- Kathy Belloni

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303 887-8784

LOCATION

- All lessons are held at The K Zone, 12150 W. 44th Ave. Unit #119. Wheat Ridge, 80033
 - Please allow time for traffic
- FROM I-70: Exit Ward, South on Ward to the light on Ward and 44th to Van Gordan. Turn right on Van Gordan and then the first right again. We are located on the west side of the building in unit #119.
- Children accompanying pitchers/hitters to their lesson must be monitored by a parent at all times and are not permitted to play with equipment.
- There are bathroom facilities, a water fountain and snack station for the students.

PAYMENT

The K Zone runs off a monthly payment system: lessons are \$220 per month or \$140, depending on 1 hour lesson or ½ hour lesson. The payment structure is designed around a 4 lesson per month routine. Several times throughout the year you will have 5 lessons in a given month (usually four times yearly depending on nightly schedule changes), but the price remains \$220/\$150; on the other hand there will be months where you have less than 4 lessons due to client scheduling conflicts, illness, injury or inclement weather and the price remains at \$220/\$150 for those months as well. The idea is that the extra lessons you will get will outweigh the occasional ones you will have to miss and are unable to reschedule. This simplifies the payment process so you don't have to bring payment every week or keep track of how many lessons are left in your payment package.

- Monthly payment is required at your first lesson of the month; cash, all major credit cards and checks (made out to The K Zone) are accepted.
 - Clients are given an option to make up missed lessons within that same week on a different day if they cannot make their day (for instance if they have a game during their normal Saturday lesson they can look to a different day that week to still get a lesson in); there is no guarantee this will always work but every effort will be made, especially if the cancellation happened on my end. If changing slots becomes a habit you may be asked to reevaluate if your time slot works for you. (please see below for more information on cancellations)

- **There are no refunds for monthly payments and unused lessons from one month do not carry over to the next**
- New clients starting in the middle of a month will receive a prorated first month rate based on how many lessons remain until the next payment cycle.
- Late payments can garner a \$10 late fee if not received within 5 days after the first lesson of the month. If payment is not received by this time, the remaining lessons in the month will be cancelled until payments are up to date.
 - Please understand this rule exists because it is very difficult and uncomfortable to track down late payments for clients and can get out of hand very easily with a large client base.
- I offer 2 options to take “vacation time” from your lesson spot if you so desire, giving you the option to not have lessons for a few weeks and not be required to pay.
 - Option 1 – a full month off (one per calendar year); your spot as a client will be held for the duration of the month, however your exact time slot cannot be guaranteed.
 - Option 2 – 2 weeks off (up to twice per calendar year); your spot as a client and your time slot will be held for the two week period. Client cannot take both 2 week vacations in the same month. The rest of that month will be prorated at a half-monthly rate of \$75.00
 - Client must notify instructor prior to the beginning of the month that vacation time will be used.

LESSONS

- I ask that all cancellations happen at least 6 hours in advance (for evening lessons) and by the night before if possible for morning lessons, especially if you are looking to reschedule for a different time that week. **Last minute cancellations (with the exception of weather related cancellations and emergencies) and no shows will not be eligible for reschedule, that lesson will be forfeited. Please use your best judgment when it comes to inclement weather, if you are not comfortable driving do not come to lessons that evening!!** Safety first!!!
- **To fully reap the benefits of private instruction, pitchers need weekly year-round instruction in addition to several practices a week outside of instruction.** Please discuss this with your child to ensure they are ready for this commitment. Pitchers will be given mechanics and items to work on between lessons and are expected to put in that work in order to improve and excel. It is highly discouraged to take the offseason off from instruction, as that is the time when we are able to make the most adjustments and progression.
- **Pitchers are not responsible for providing a catcher for every lesson** but not discouraged. Please ensure the catcher is up to the ability level of the pitcher, as it hinders the lesson to have a catcher unable to catch a pitcher properly, not to mention it is dangerous. **The K**

Zone IS NOT RESPONSIBLE FOR INJURIES TO CATCHERS DURING LESSONS. I am available to catch.

- We will do our best to provide a space to warm up prior to your lesson if you desire, but this is not always possible during our Spring busy season as well as peak evening times. If you are my first lesson of the day and I am not there yet, feel free to jump in an open lane and begin your warm up. Keep in mind that younger children or pitchers with fast paces maybe not be able to pitch for more than a continuous half hour, so use prior warm up time sparingly.
- **Your lesson is not designed to be your longest workout of the week, rather your most mentally challenging.**
- Please allow extra time for heavy traffic if applicable. If you are late, your lesson will still end at the scheduled time so as not to delay others' lessons and maintain a punctual schedule.

ATTIRE AND EQUIPMENT

- **Pitchers will wear sneakers for all lessons, no cleats allowed.** I highly recommend wearing older sneakers, as you will tear them up from dragging.
- **Catchers under 18 must wear full gear;** it is optional for parents to wear protective gear when catching, but recommended. As mentioned above, The K Zone is not responsible for any injuries to catchers sustained during a lesson, especially those due to lack of protective equipment.

PARENTS

- Parents are invited to take an active part in their daughter's lesson, so long as it does not hinder the progression of the pitcher. To get the most out of a half hour lesson, it is important for the pitcher to maintain focus the entire time. The lesson is not the time to critique or berate your daughter but rather a time to encourage and praise. Parents that are a distraction to their daughter or other clients in the facility can be asked to wait in the lobby.